## Gender, Sexuality & The Church

## **GLOSSARY OF TERMS**

LGBTQIA+ – lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, + other sexual identities

**Lesbian // Gay** // Same-sex (L=Female, G=Male/Catch-all)

**Bisexual** – Combination of **L** and **G** 

**<u>T</u>rans(gender**) – Gender identity/expression differs from physical sex (incl. non-binary)

- Trans Woman A woman who was assigned male at birth
- Trans Man A man who was assigned female at birth

Queer – General term for any fluid or non-conforming sexual identity

Questioning – In the process of exploring a different sexual identity

**Intersex** – Physical characteristics of both sexes due to chromosomal abnormality

- **Asexual** Lack of sexual attraction for other people
- Two-spirit (25) Possesses both a male and female "spirit" within them
- Pansexual Ability to find any person sexually attractive at various times
- Demisexual Experiences sexual attraction (with anyone) only after an emotional bond
- **Cis-gender** Gender identity matches physical sex ("assigned at birth")
- Non-binary Unstable gender identity (depends on the day; aka "genderqueer")
- **Agender –** No set gender identity at all ("genderless," "neutrois")
- Bigender Adopts two distinct genders, either at the same time or alternating

Ally – A person who is not LGBTQ+ but supports the cause

**Gender Dysphoria** – Clinically significant distress and sense of unease that may lead to increased levels of depression and anxiety that have a harmful impact on daily life. This distress is caused by a person's gender identity not matching how they feel within. This often occurs when a trans person is forced to match their gender identity and expression to their assigned sex at birth. Cisgender people can also experience gender dysphoria when dressing as the opposite sex.

